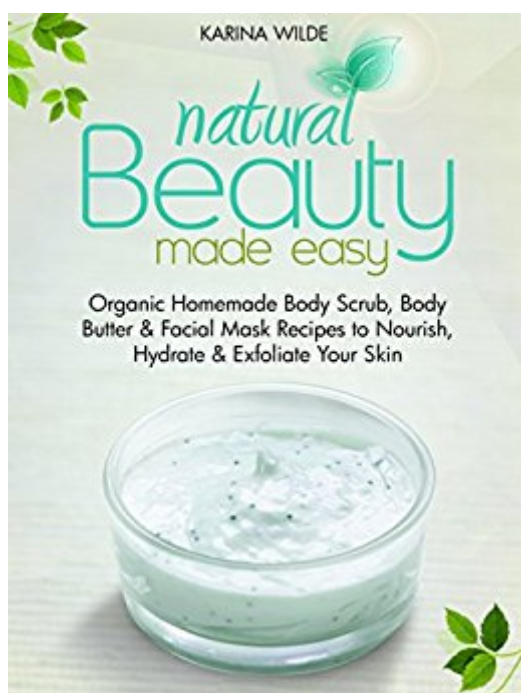


The book was found

Natural Beauty Made Easy: Organic Homemade Body Scrub, Body Butter And Facial Mask Recipes To Nourish, Hydrate And Exfoliate Your Skin



Synopsis

TAKE CHARGE OF YOUR BEAUTY REGIME WITH NATURAL HOMEMADE BODY BUTTER, BODY SCRUB AND FACIAL MASK RECIPES FOR RADIANT, BEAUTIFUL SKIN TODAY Natural Beauty Made Easy brings immediate solace: to your skin cells, to your age lines, and to your pocketbook. The beauty industry built a billion-dollar industry on a few everyday objects you have lying around your house. Take a peek in your cabinet and find ingredients for do-it-yourself homemade body scrubs, body butters and facial masks. Open your pores and strip dead cells from your face to reveal a youthful, glowing complexion. Rejuvenate yourself in just ten minutes with these chemical-free, natural recipes! The ingredients in this recipe book are completely natural. Look to your ordinary objects: your sugar and salt to scrape the dead cells for proper exfoliation; your avocado and banana to bring health and moisture to every living cell. This book allows you to understand the biology of your skin—the very reasons you are having trouble with acne and with flaky, dry skin. It gives you the immediate answers in the form of seven chapters of easy, quick recipes. Your skin is your body's largest organ. It is your defense mechanism; it is the physical aspect you show to the world. Allow this recipe book to guide you and put your fresh face forward! SCROLL UP AND GET YOUR COPY TODAY Just to say "thank you" for checking out this book, we would like to give you a free ebook "5 Key Benefits of Coconut Oil"! Please visit: www.fruitfulbooks.com to grab your free copy now!

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Textile Crafts > Dye

Customer Reviews

I'm very particular about the ingredients that are in the products I put on my body. I'm making my shopping list for the recipes I want to try, especially the body butters - love those. I have very dry skin and shea butter is one of the only things that helps. I'll be trying the Jasmine Green Tea Body Butter first. Love the beneficial and nutritional info at the beginning. Great selection of recipes.

Just downloaded the book and had a. Chance to read through it.The recipes looked easy and everyday ingredients.Can't wait to make something!

Basic information you can find for free on the Internet. Save your money.

I just purchased and read this book yesterday...so glad I bought it. I will definitely try some of the recipes

Another book to add to your collection for making your own bath & body products. Great recipes easy to make.

This book gives helpful and useful information about what you need to keep your skin healthy and beautiful. I know what components I need to help myself. I'm glad it was organized into specific concerns and ingredients. I will definitely use the tips and recipes in this book!

Well written with interesting ideas for body scrubs and moisturizers. Would have liked to see more body butter recipes included.

recipes that are easy to make and wonderful to use

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